


Why Does

T R U S T

Matter?



Extraordinary **Relationships**

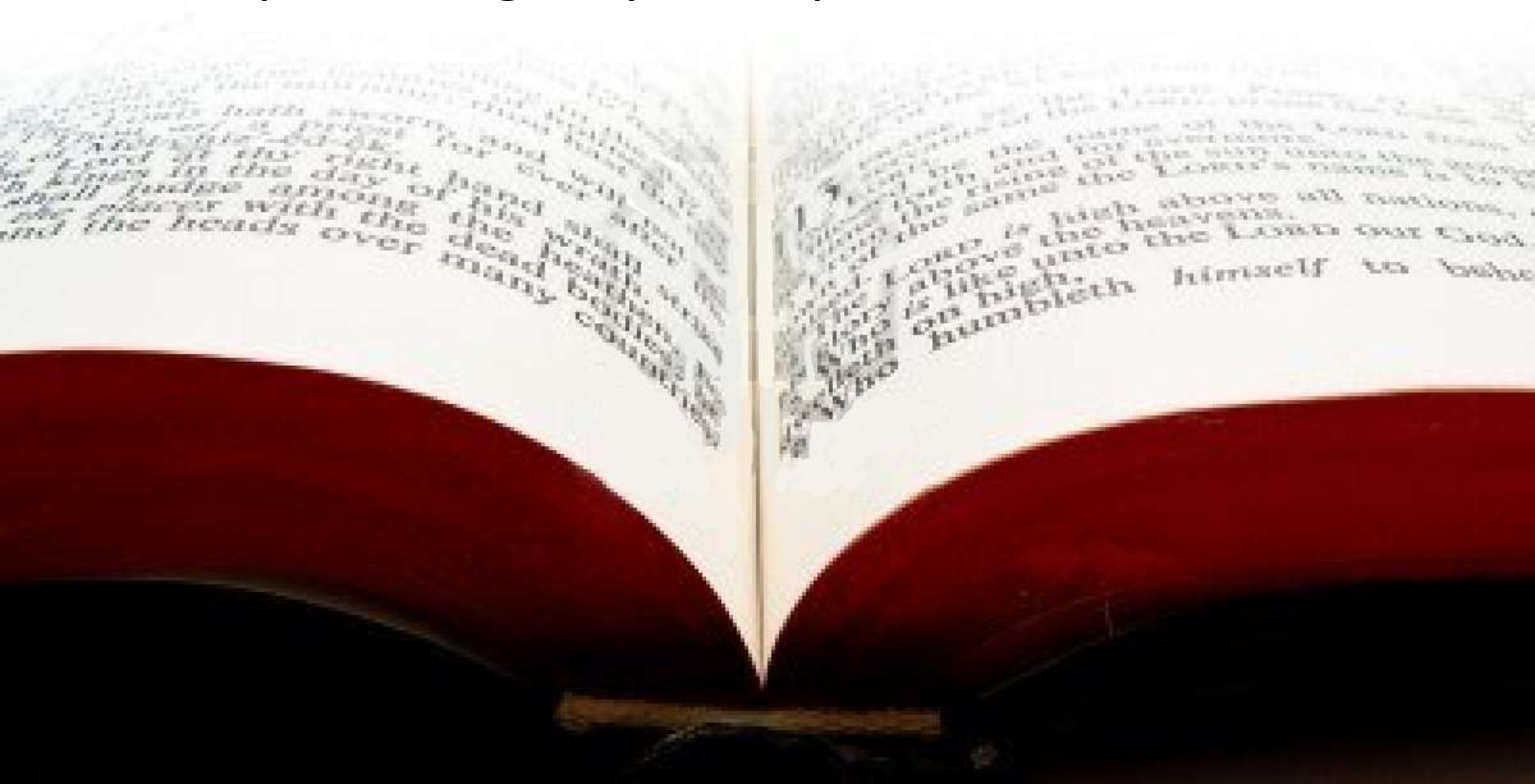


trust

TRUST: confidence, a firm belief, a faith in someone or something that makes you special, capable and able to do extraordinary things.

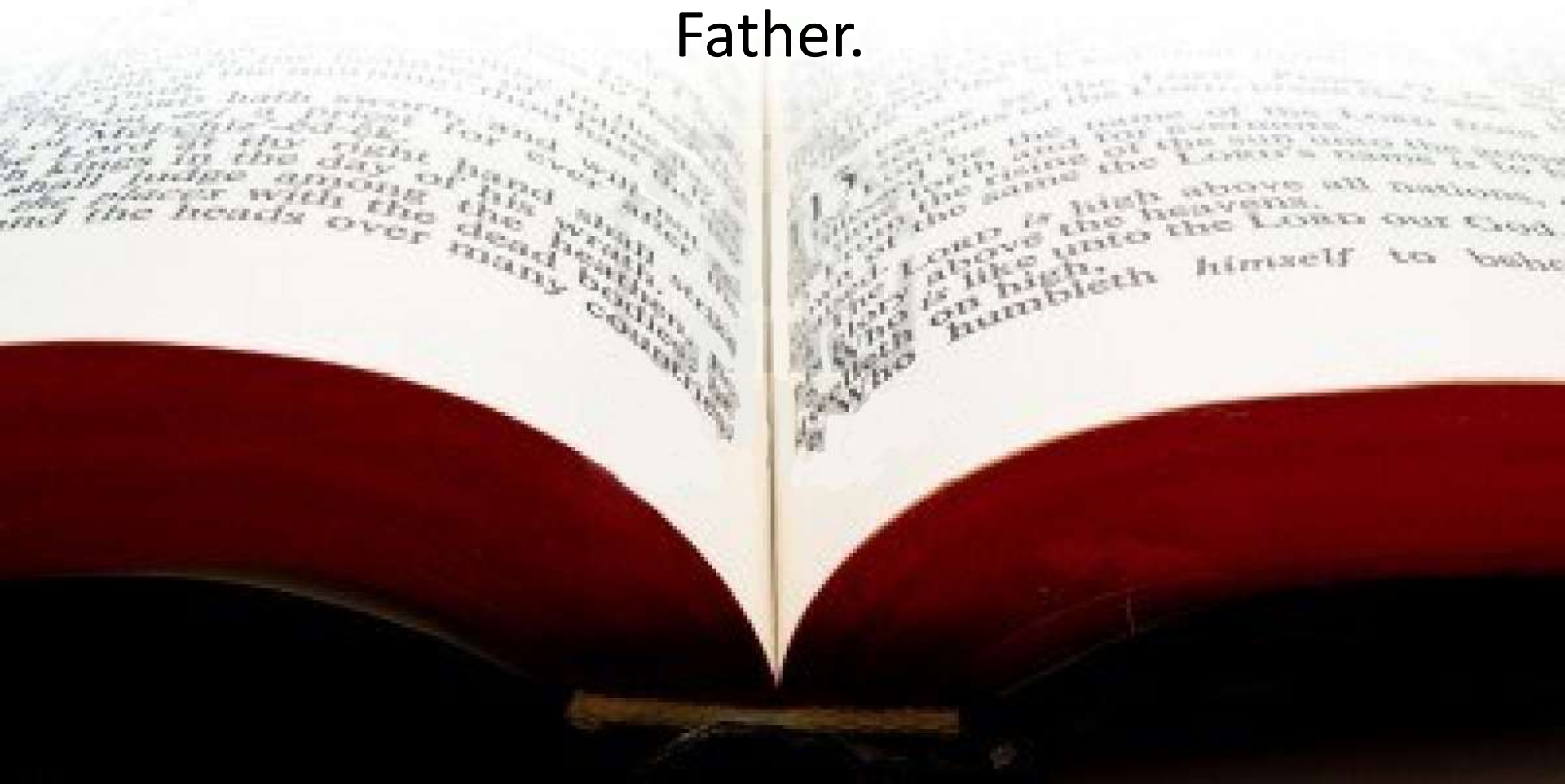
Jeremiah 29:11 (NIV)

¹¹For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.



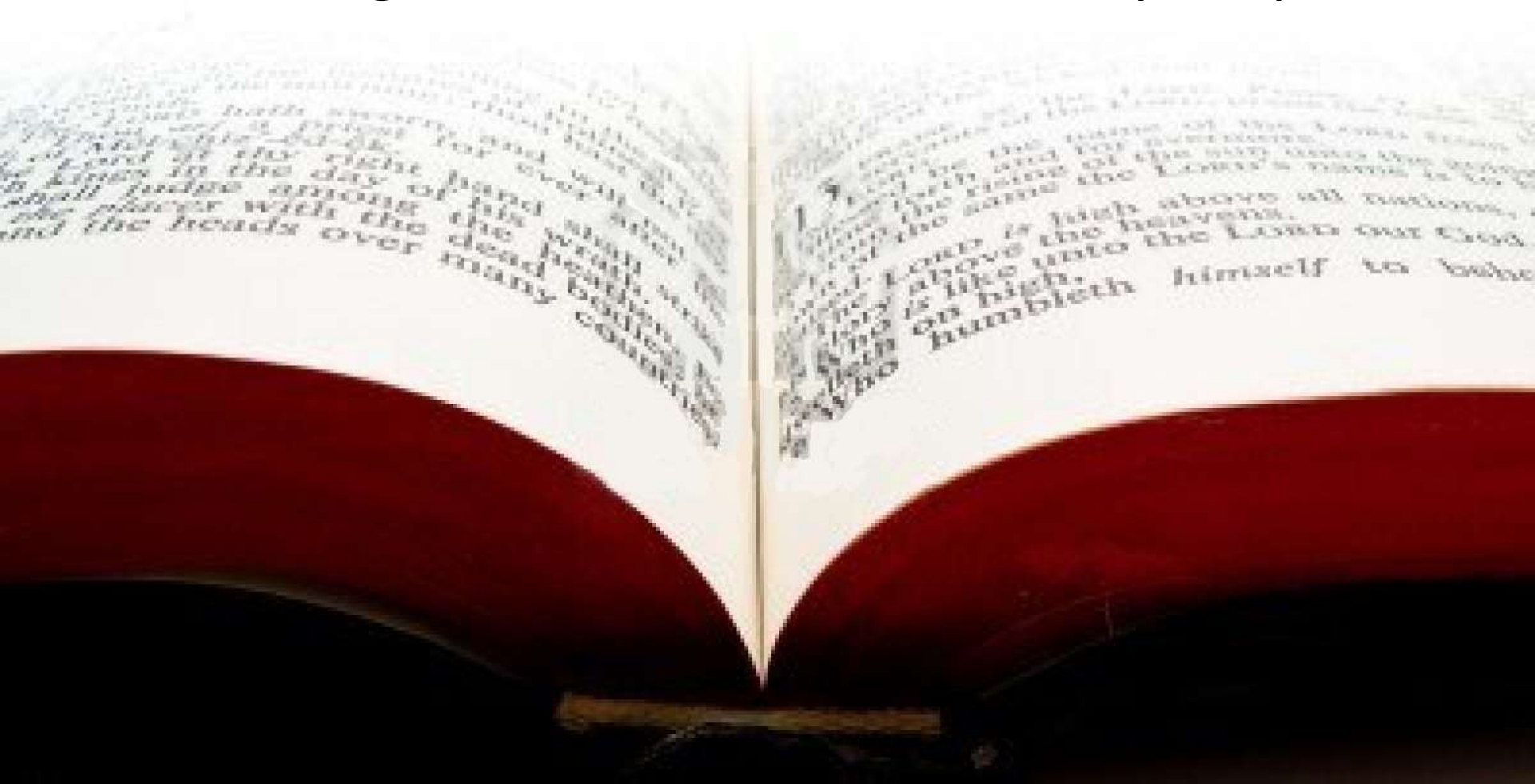
John 14:12 (NLT)

¹² “I tell you the truth, anyone who believes in me will do the same works I have done, and even greater works, because I am going to be with the Father.



Proverbs 3:5-6 (NKJV)

⁵ Trust in the Lord with all your heart, And lean not on your own understanding; ⁶ In all your ways acknowledge Him, And He shall direct your paths.



Ken Blanchard

#1 New York Times Bestselling Coauthor of *The One Minute Manager*®

Cynthia Olmstead

Martha Lawrence

Trust Works!

Four Keys to Building
Lasting Relationships

TRUST IS EVERYTHING

Become the Leader
Others Will Follow



Aneil Mishra, Ph.D.
Karen Mishra, Ph.D.

**Trust is the glue of life.
It's the most essential ingredient
in effective communication.
It's the foundational principle
that holds all relationships.
- Stephen R. Covey -**

Why Does

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Healthy Constructive



- I discovered that healthy trust leads to many positive outcomes.
- I learned that “trusting people” are more tolerant of people unlike themselves they are more likely to give to charity and to volunteer for causes that help people who are different from themselves.

Healthy Constructive



- I read that without trust, all change is defensive and true innovation is non-existent. Without trust people “under aspire” and “under deliver”.
- Research shows that trusting societies are less corrupt, have lower crime rates, are more open to trade, and have higher levels of economic growth.

Healthy Constructive



- Research shows that trusting people are more accepting of risk. They may be more vulnerable to risky situations, but they are also in the best position to profit from taking greater risks. Mistrusting people may protect themselves by avoiding risk, but trusting people are the ones who will reap the biggest profits.

Healthy Constructive



- Study after study reveals that TRUST is the basis for a civil society. It is a necessary condition for people to wholeheartedly engage in almost anything.
- Trust is essential to any kind of healthy relationship.

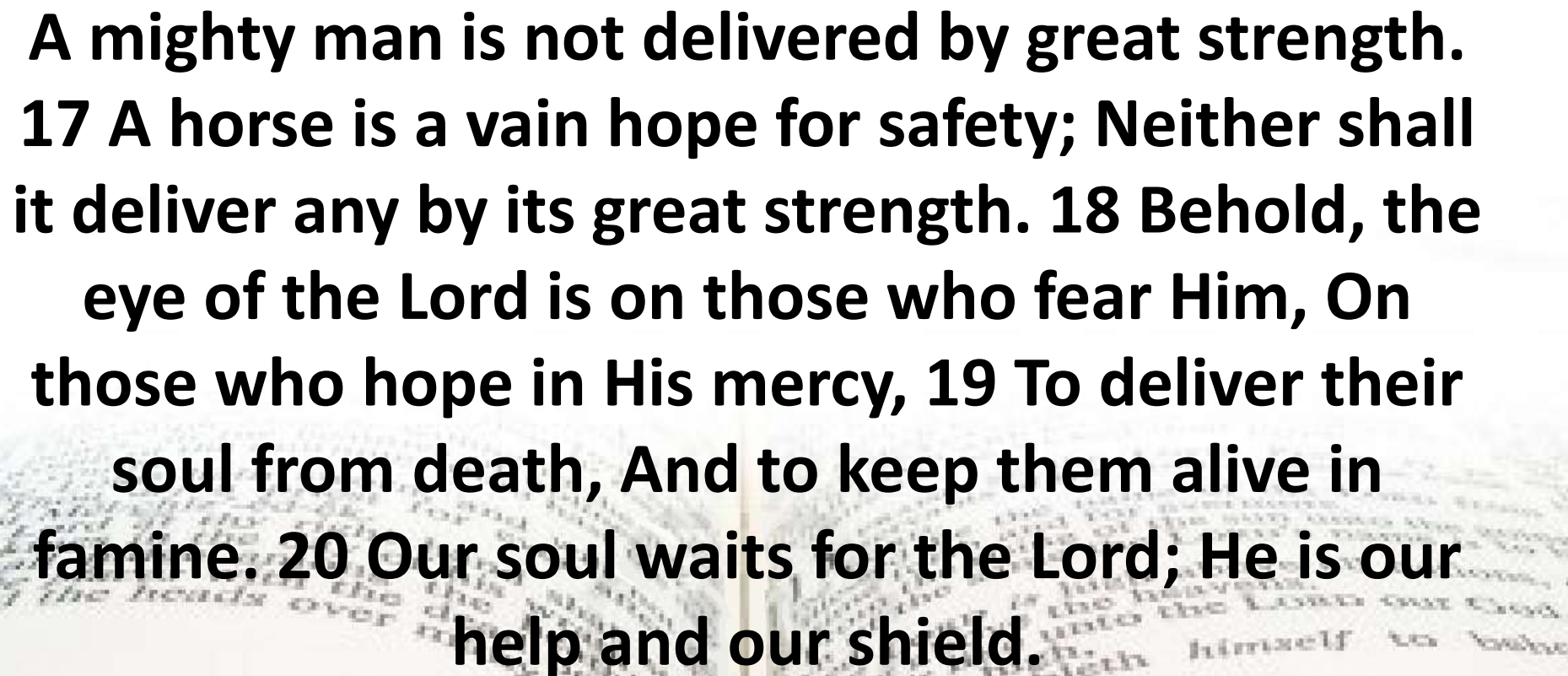
TRUST



<http://www.treasury.gov/about/education/Pages/in-god-we-trust.aspx>

**12 Blessed is the nation whose God is the Lord,
The people He has chosen as His own
inheritance. 13 The Lord looks from heaven; He
sees all the sons of men. 14 From the place of His
dwelling He looks on all the inhabitants of the
earth; 15 He fashions their hearts individually; He
considers all their works. 16 No king is saved by
the multitude of an army;**

Psalm 33:12-22



**A mighty man is not delivered by great strength.
17 A horse is a vain hope for safety; Neither shall
it deliver any by its great strength. 18 Behold, the
eye of the Lord is on those who fear Him, On
those who hope in His mercy, 19 To deliver their
soul from death, And to keep them alive in
famine. 20 Our soul waits for the Lord; He is our
help and our shield.**


Psalm 33:12-22

21 For our heart shall rejoice in Him, Because we have trusted in His holy name. 22 Let Your mercy, O Lord, be upon us, Just as we hope in You.



Psalm 33:12-22

**5Trust in the Lord with all your heart, And lean
not on your own understanding; 6 In all your
ways acknowledge Him, And He shall direct your
paths. 7 Do not be wise in your own eyes; Fear
the Lord and depart from evil. 8 It will be health
to your flesh, And strength to your bones.**



Proverbs 3:5-8

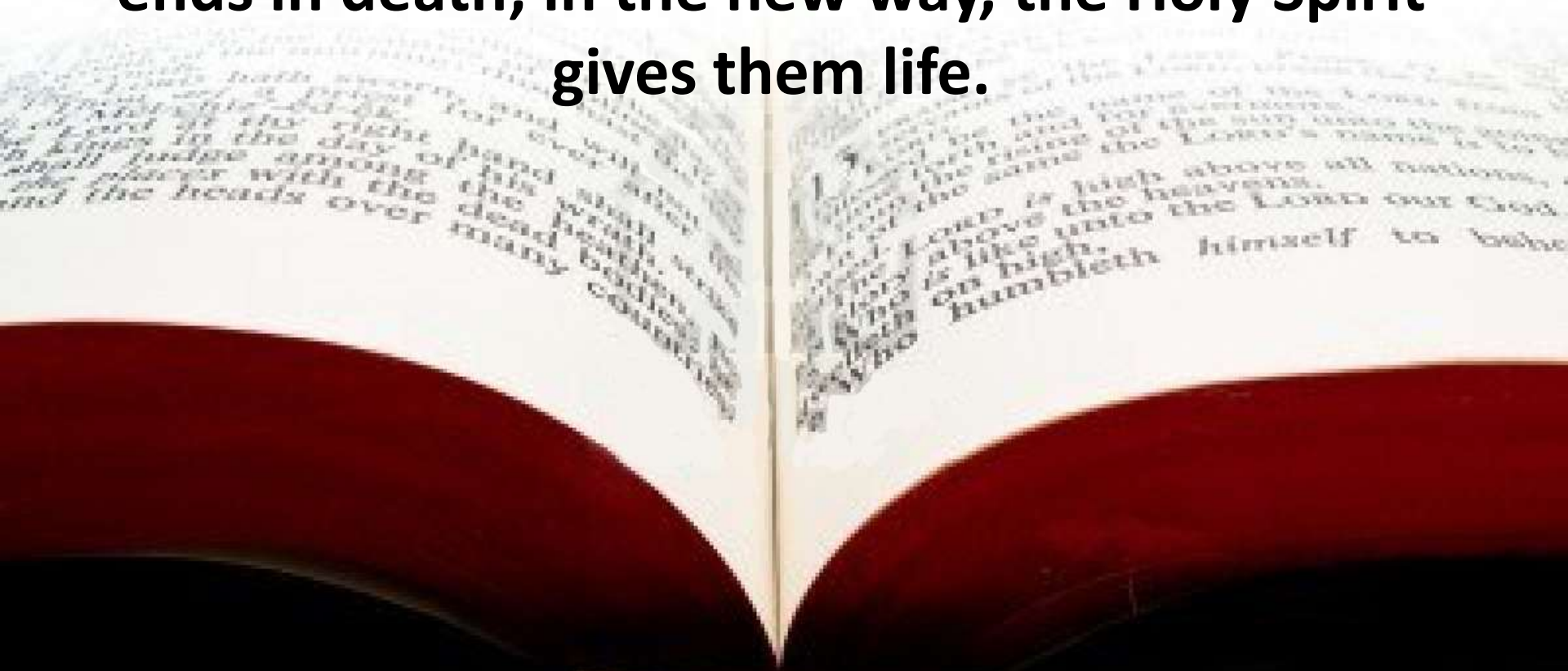
4 And we have such trust through Christ toward God. 5 Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God, 6 who also made us sufficient as ministers of the new covenant, not of the letter but of the Spirit; for the letter kills, but the Spirit gives life.

2 Corinthians 3:4-6

4 We dare to say these good things about ourselves only because of our great trust in God through Christ, that he will help us to be true to what we say, 5 and not because we think we can do anything of lasting value by ourselves. Our only power and success comes from God. 6 He is the one who has helped us tell others about his new agreement to save them.

2 Corinthians 3:4-6

We do not tell them that they must obey every law of God or die; but we tell them there is life for them from the Holy Spirit. The old way, trying to be saved by keeping the Ten Commandments, ends in death; in the new way, the Holy Spirit gives them life.



2 Corinthians 3:4-6



TRUSTING GOD

Trusting in His **character**,

Trusting in His **love** for us,

Trusting in His **plans** for our lives.

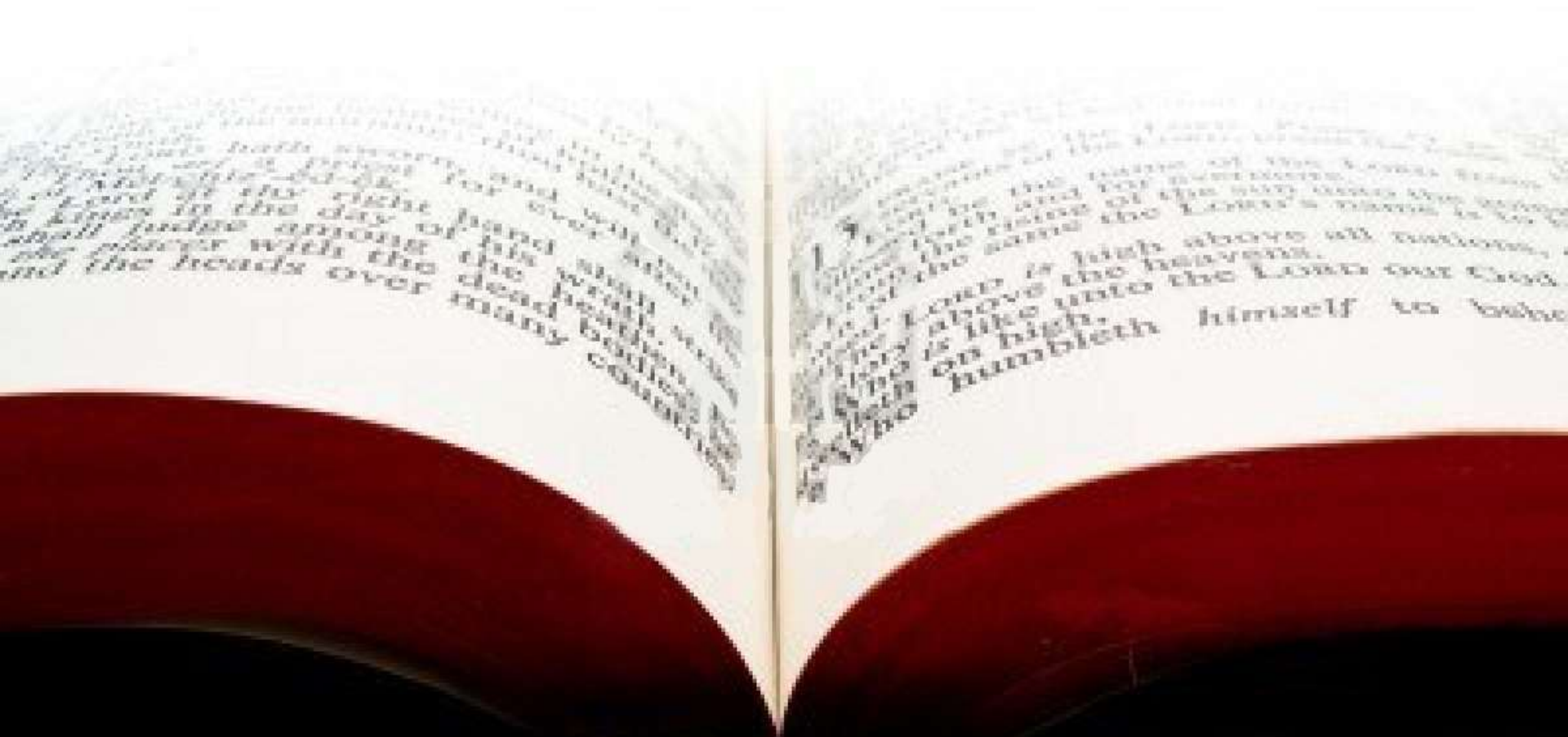
“Trust in the Lord with all your heart... In all your ways acknowledge Him... and He will direct your steps... **give health to your flesh and strength to your bones.**”



Proverbs 3:5-8

Proverbs 3:8

⁸ Your body will glow with health, your
very bones will vibrate with life!



The Message



50% of women over 45 are affected by it, 90% of those over age 75. More than 25,000 hip fractures result from osteoporosis each year. 25% of those will end up in a nursing home.

Source: <http://www.toneyourbones.org/show.asp?durki=54719>



Cancer is second only to heart disease as the leading cause of death in the United States. Cancer kills one in four Americans and is the leading cause of death for women aged 40 to 79 and men aged 60 to 79.

About 1.4 million new cases of cancer are diagnosed each year in this country, and about 570,000 Americans will die of this disease. From birth to death, men have a 43 percent chance of developing some form of cancer (including nonfatal cancers such as skin cancer), and women have a 38 percent chance.

Source:<http://www.intelihealth.com/IH/ihtIH/WSIHW000/8096/24516/362246.html?d=dmf>
Content

Does

T R U S T

Matter?

25 They said to him, "Just who are you anyway?"
Jesus said, "What I've said from the start. **26** I
have so many things to say that concern you,
judgments to make that affect you, but if you
don't accept the trustworthiness of the One who
commanded my words and acts, none of it
matters. That is who you are questioning—not
me but the One who sent me."

The Message
John 8:25-26

We exist to exalt Jesus Christ as Lord, by seeking, teaching, and caring for the people in our church, community and world.



Youth and Community Center



How do you build



You build trust by listening, to God and to others.

You build trust by stepping out in faith following the Lord's leading in your life.

You build trust by doing what you say you will do.

You build trust by being truthful

You build trust by valuing people of all ages and cultures

You build trust by doing what's right! By finishing what you started.