How to Live a Separated (HOLY) Life

FOCUS factor

Leviticus 20:7 (MSG)
Set yourselves apart for a holy life.
Live a holy life, because I am God, your God.

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The

FOCUS factor

1 Corinthians 1:2 (NIV)

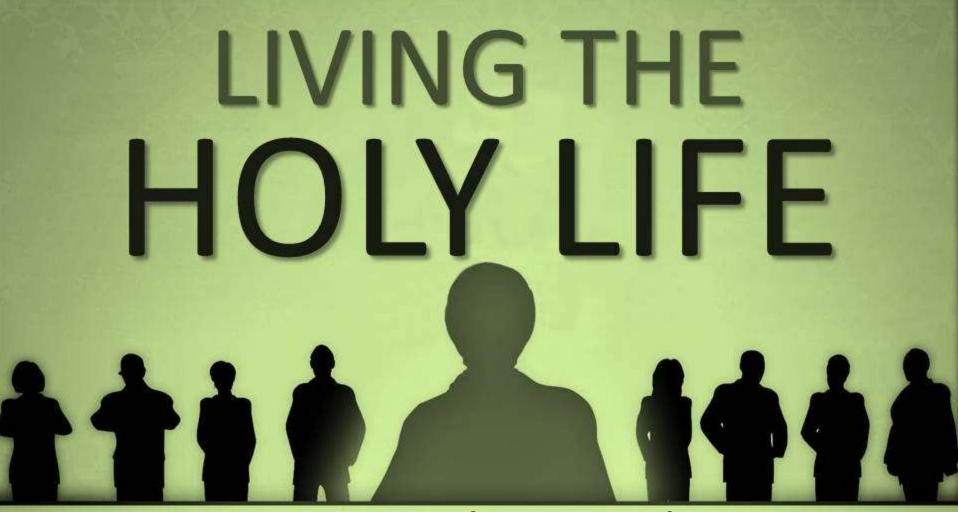
...to those sanctified in Christ Jesus and called to be holy, together with all those everywhere who call on the name of our Lord Jesus Christ-their Lord and ours:

CALLED TO BE HOLY

Ephesians 1:4 (NKJV)

just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love,

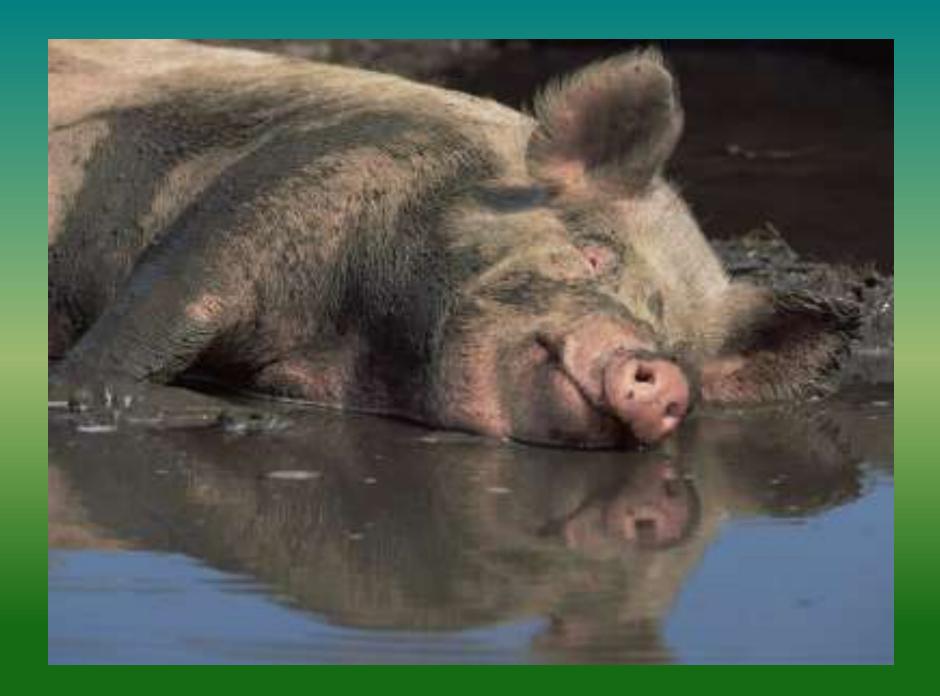




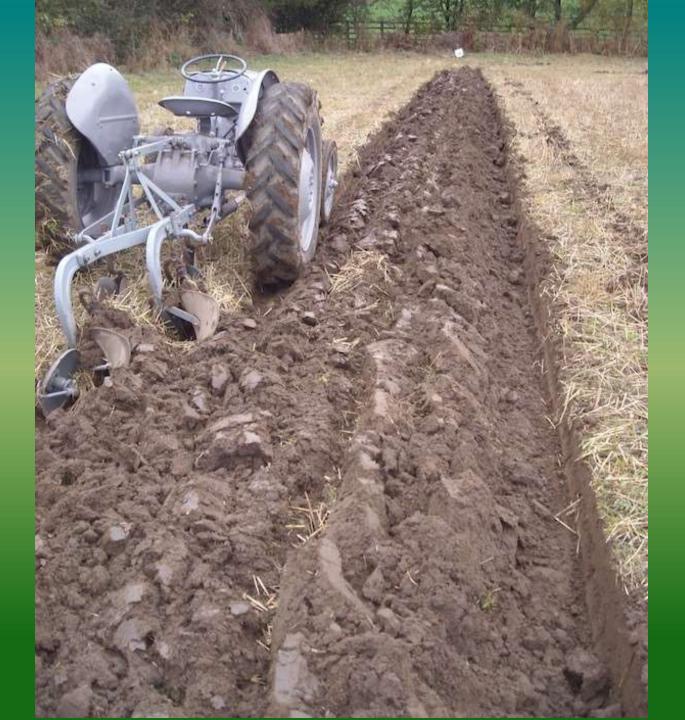
Leviticus 20;7; 1 Corinthians 1:2; Ephesians 1:4

The Separated Life









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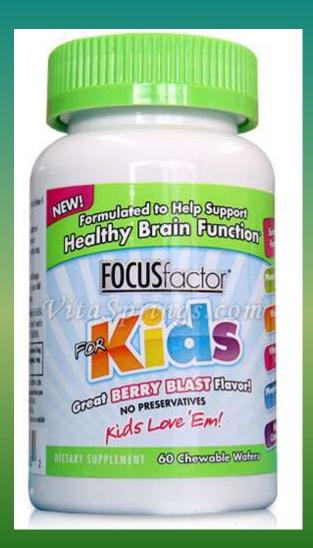
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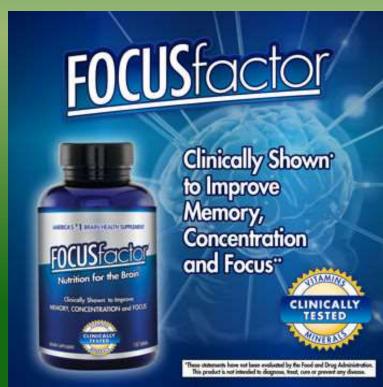
FOCUS factor

Luke 9:62 (NKJV)

But Jesus said to him, "No one, having put his hand to the plow, and looking back, is fit for the kingdom of God."









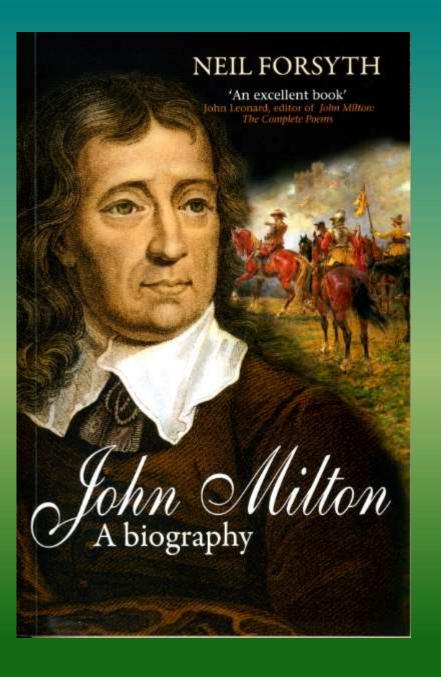
Who's The Happiest? Researchers studied photos of Olympic medalists to learn who is the happiest. Here, bronze medalist Aliya Mustafina of Russia, gold medalist Gabby Douglas of the U.S., and silver medalist Victoria Komova of Russia pose after the all-around gymnastics final.

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The

FOCUS factor

But how we feel isn't determined by our objective circumstances. How we feel is determined by our subjective focus.



John Milton

"The mind is its own place, and in itself, can make a Heaven out of Hell, a Hell of Heaven."

Set your mind on things above (Mat 16:23)

Whatsoever things are lovely... Dwell on these things, (Php 4:8)

As a man thinketh in his heart so is he. (Prov 23:7)

"Keep him in perfect peace whose mind is stayed on thee" (Isa 26:3)

He that hath this hope, purifieth himself (1 John 3:1-3)

"This one thing I do..." (Php 3:13)





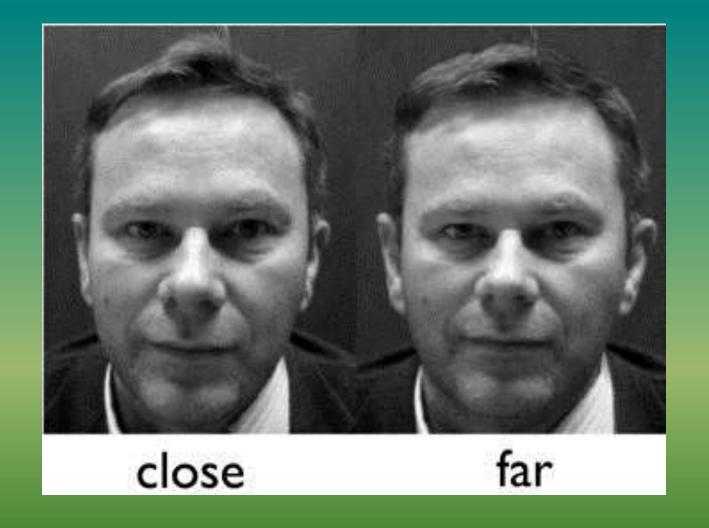
We see what we're looking for.











According to a new study out of Caltech,

A photo taken at close range can make the subject look suspicious and unattractive.

"Woe is me, for I am undone!
Because I am a man of unclean lips,
and I dwell in the midst
of a people of unclean lips."

Isaiah 6:5

Trust in the Lord with all your heart, And lean not on your own understanding;

Proverbs 3:5

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VIKTOR E. Frankl

MAN'S SEARCH FOR MEANING

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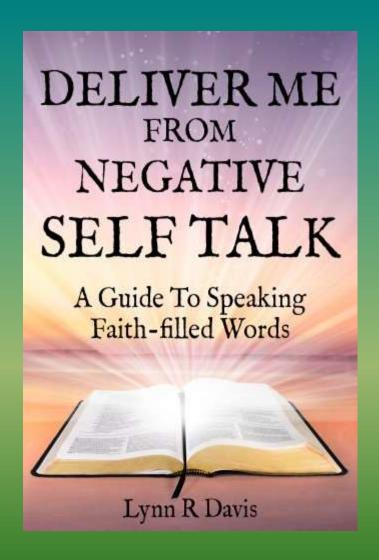
"Perhaps the most significant thinking since Freud and Adler."

—The American Journal of Psychiatry

"Everything can be taken from a man but one thing: the last of human freedoms—to choose one's attitude in any given set of circumstances."



The Key is Focusing on the Right Reality





Research indicates that 80% of self-talk is negative.

12345 67891234567891234

count your blessings

name them one by one

1234567891234567891234

Bless the Lord, O my soul, And forget not all His benefits:

Psalm 103:2

Multitasking





8-18 year olds in the US spend one quarter of their media time using multiple media. 24% of 12-18 year olds use another media most of the time while watching TV.



And they start multitasking early on...

Brethren... one thing *I do*, forgetting those things which are behind I reach forward to those things which are ahead,

Philippians 3:13



A double minded man is unstable in all his ways.

James 1:8

