







November 11th 2014





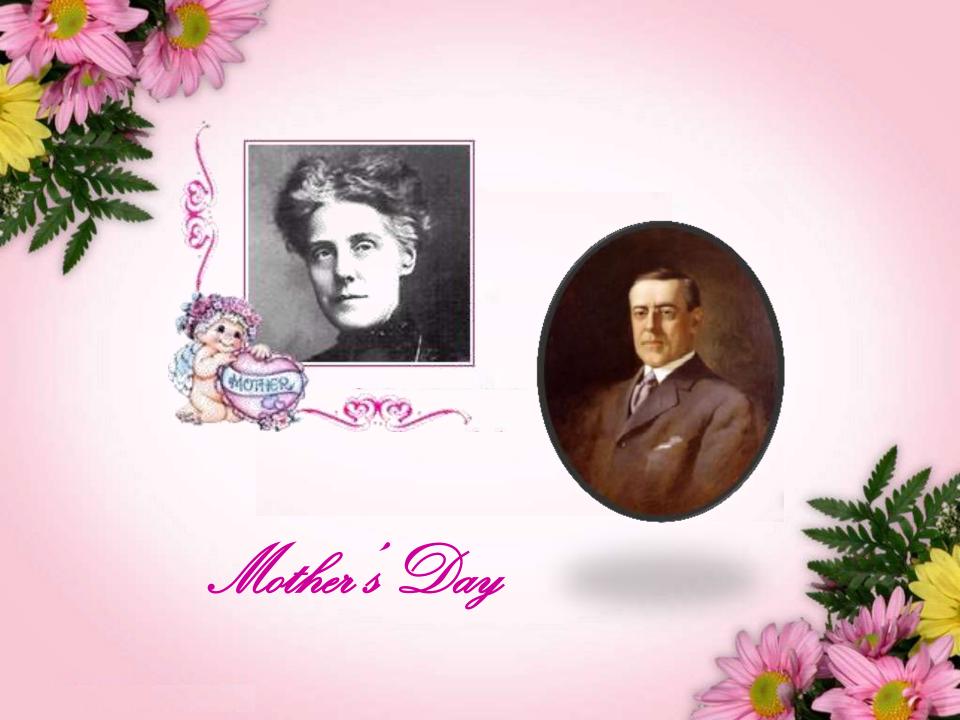


Thank God For | Mark God For | Mark

TGFM









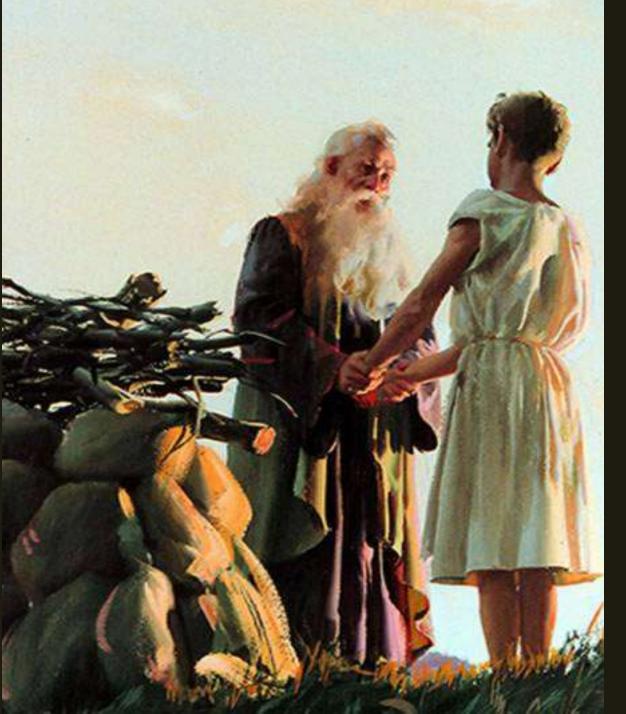




Mothers Day







Romans 4:16 (NKJV)

Therefore it is of faith that it might be according to grace, so that the promise might be sure to all the seed, not only to those who are of the law, but also to those who are of the faith of Abraham, who is the father of us all.



1 Samuel 15:22 (HCSB)

Then Samuel said: Does the LORD take pleasure in burnt offerings and sacrifices as much as in obeying the LORD? Look: to obey is better than sacrifice, to pay attention [is better] than the fat of rams.

Proverbs 21:3 (HCSB)

Doing what is righteous and just is more acceptable to the LORD than sacrifice.

Hosea 6:6 (NASB77) For I delight in loyalty rather than sacrifice, And in the knowledge of God rather than burnt offerings.

It 98 not happy people who are thankful, It 98 thankful people who are happy.



Beware the Barreness of a busy Life

Reach More Goals

Participants who kept gratitude lists were more more irreportant Faltispants who kept statute is to were more necessary to have made progress toward important internal and in personal goals (academic, interpersonal and health-based)" than those who did not

Improved Health

he study also showed physical changes: the authors reported those keeping gratikude journals exercised more regularly and reported fewer physical symptoms.

Benefits of Gratitude

Gratitude is not only the greatest of

Increase our Likability Gratitude generales social capital—in two who enatitude generales social participants, those who studies with 243 total participant average had studies with 243 total participant average had studies 10% more grateful tan.

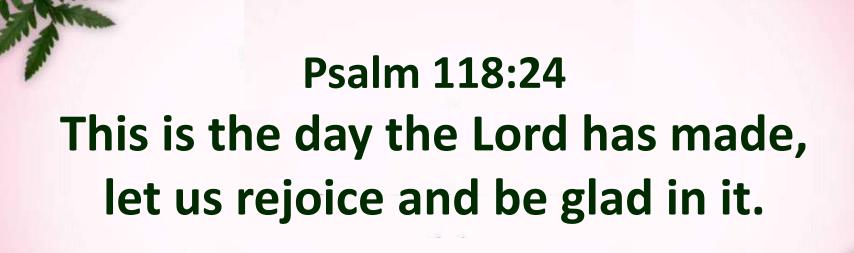
Support Others

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Stronger Love Life According to the authors, feelings or and holds and holds are to the first by holds are and complete anomal and complete and complete and complete anomaly but a superior and community of the control of the

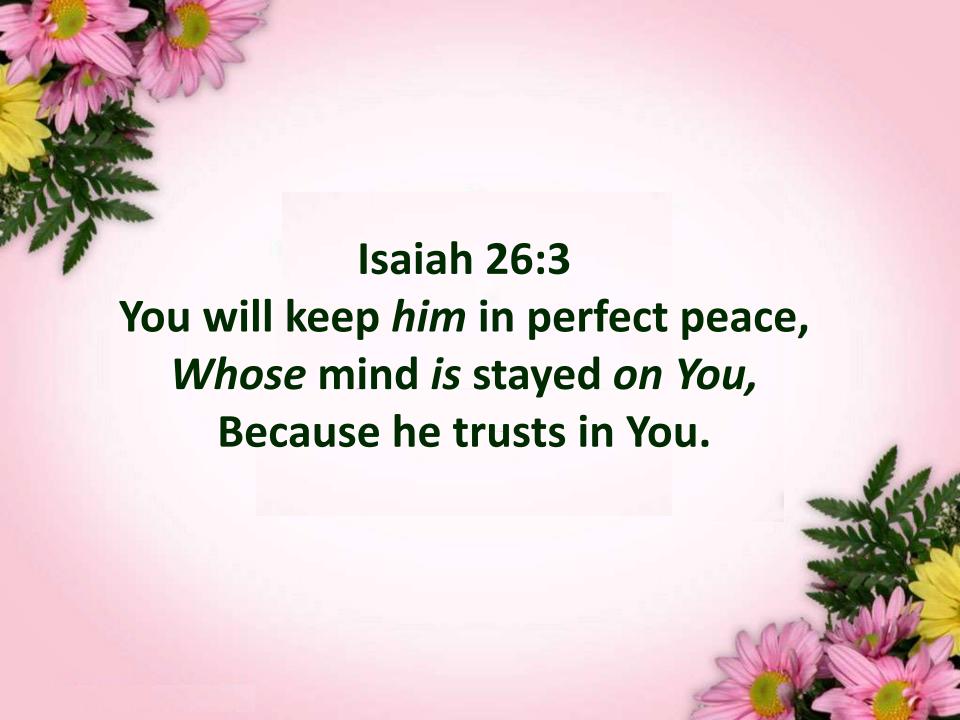
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Better Sleep = More Energy The study house the house as a stock of study as the house of the hous









Triumph over loss by expressing

Thankfulness for what you have!

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Philippians 4:8 (NKJV)

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-meditate on these things.

THANK GOD FOR MOM

