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Spiritual Milk

1 Peter 2:1-3

1. What is this spiritual milk?





1 Peter 2:1-3 (HCSB)

¹ So rid yourselves of all malice, all deceit, hypocrisy, envy, and all slander. ² **Like newborn infants, desire the pure spiritual milk**, so that you may grow by it for [your] salvation, ³ since you have tasted that the Lord is good.

1 Peter 2:1-2 (KJV)

¹ Wherefore laying aside all malice, and all guile, and hypocrisies, and envy, and all evil speaking, ² **As newborn babes, desire the sincere milk of the word,** that ye may grow thereby: If so be ye have tasted that the Lord is gracious.

IMBIBE



Imbibe is to soak in, take things into your system, physically or metaphorically, just like a sponge

1 Peter 2:1-2 (ESV)

¹ So put away all malice and all deceit and hypocrisy and envy and all slander. ² Like newborn infants, **long for** the pure spiritual milk, that by it you may grow up into salvation—

1 Peter 2:1-2 (NLT)

¹ So get rid of all evil behavior. Be done with all deceit, hypocrisy, jealousy, and all unkind speech. ² Like newborn babies, you must **crave** pure spiritual milk so that you will grow into a full experience of salvation.

2. Peter says true Christians are supposed to desire this pure spiritual milk.

Got Milk?





By the way, “desire” or, “crave” is a command!

**As the deer pants for the water so my soul
longs for thee. Psalm 42:1**

**Thy word have I hid in my heart, that I
may not sin against thee. Psalm 119:11**

**How sweet are your words to my taste,
sweeter than honey to my mouth.**

Psalm 119:103



1 Peter 2:2 KJV

² as newborn babes, desire the pure milk of the word, **that you may grow thereby:**

2. What is The Result of Consuming this Spiritual Milk?



1. It has a cleansing effect



1 Peter 2:1-3 (NKJV)

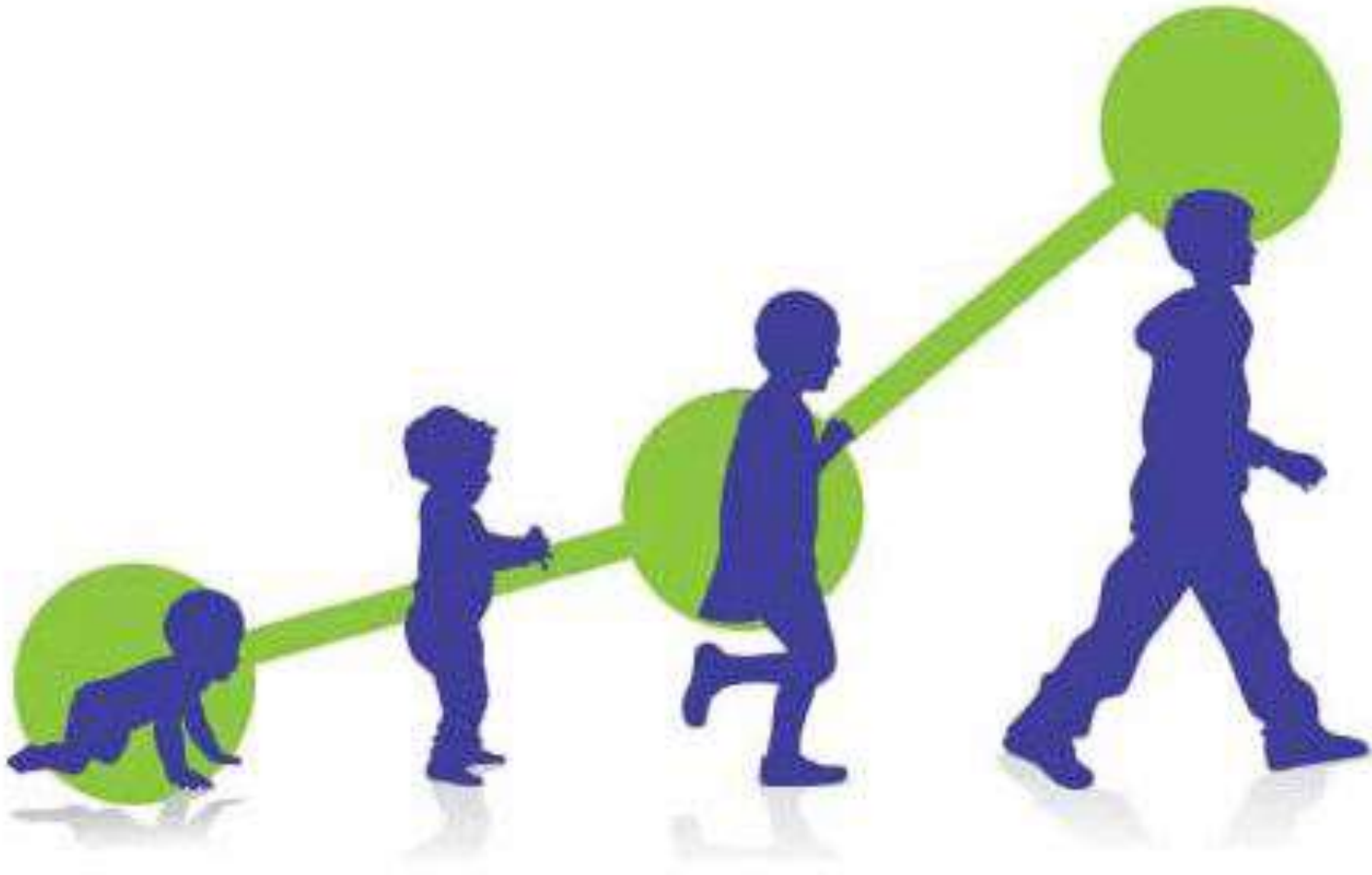
¹ Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking, ² as newborn babes, desire the pure milk of the word, that you may grow thereby, ³ **if indeed you have tasted that the Lord *is* gracious.**

- ◆ **Malice:** a desire to hurt someone with words or deeds.
- ◆ **Guile:** a desire to gain some advantage or preserve some position by deceiving others.
- ◆ **Hypocrisy:** a desire not to be known for what really is.

- ◆ **Envy:** a desire for some privilege or benefit that belongs to another with resentment that another has it and you don't.
- ◆ **Slander:** the desire for revenge and self-enhancement, often driven by the deeper desire to deflect attention from our own failings. The worst light we can put another in by slander, the less our own darkness shows.

1 Peter 2:1

2. It has a maturing effect



1 Peter 2:2 KJV

² as newborn babes, desire the pure milk of the word, **that you may grow thereby:**



Are You

Growing

Up

Spiritually?

1 Peter 2:1-3

So get rid of all evil behavior. Be done with all deceit, hypocrisy, jealousy, and all unkind speech. Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment, now that you have had a taste of the Lord's kindness.



**Stay thirsty
my friend,
for Spiritual
Milk!**

**Drink from God's Well,
That you might live well.**