



ONLY GOD KNOWS
WHAT'S BEST
for you

Psalm 139

James 1:2-3 (NKJV)

² My brethren, count it all joy when you fall into **various trials**, ³ knowing that **the testing of your faith produces patience.**



1 Corinthians 13:7 (NKJV)

“love”

⁷ bears all things, believes all things, hopes all things, endures all things.



James 1:4 (NKJV)

⁴ But let patience have *its* perfect work, that you may be perfect and complete, lacking nothing.



Hebrews 12:1-11 (HCSB)

¹ Therefore, since we also have such a large cloud of witnesses surrounding us, let us lay aside every weight and the sin that so easily ensnares us. Let us run with endurance the race that lies before us, ² keeping our eyes on Jesus, the source and perfecter of our faith, who for the joy that lay before Him endured a cross and despised the shame



Hebrews 12:1-11 (HCSB)

and has sat down at the right hand of God's throne. ³ For consider Him who endured such hostility from sinners against Himself, so that you won't grow weary and lose heart. ⁴ In struggling against sin, you have not yet resisted to the point of shedding your blood. ⁵ And you have forgotten the exhortation that addresses you as sons:



Hebrews 12:1-11 (HCSB)

My son, do not take the Lord's discipline lightly or faint when you are reproved by Him,⁶ for the Lord disciplines the one He loves and punishes every son He receives.⁷ Endure [suffering] as discipline: God is dealing with you as sons. For what son is there that a father does not discipline?



Hebrews 12:1-11 (HCSB)

⁸ But if you are without discipline—which all receive—then you are illegitimate children and not sons. ⁹ Furthermore, we had natural fathers discipline us, and we respected them. Shouldn't we submit even more to the Father of spirits and live?



Hebrews 12:1-11 (HCSB)

¹⁰ For they disciplined us for a short time based on what seemed good to them, but He does it for our benefit, so that we can share His holiness. ¹¹ No discipline {*pain, suffering*} seems enjoyable at the time, but painful. Later on, however, it yields the fruit of peace and righteousness to those who have been trained by it.



Psalm 139:1-6 (NKJV)

You have searched me and known me. 2 You know my sitting down and my rising up; You understand my thought afar off. 3 You comprehend my path and my lying down, And are acquainted with all my ways. 4 For there is not a word on my tongue, But behold, O LORD, You know it altogether. 5 You have hedged me behind and before, And laid Your hand upon me. 6 Such knowledge is too wonderful for me; It is high, I cannot attain it.

IF GOD IS GOOD

**WHY IS THERE
SUFFERING?**



IF GOD IS GOOD

WHY IS THERE
SUFFERING?



Everyone suffers at some point!

IF GOD IS GOOD

WHY IS THERE
SUFFERING?



Should people never have to suffer?

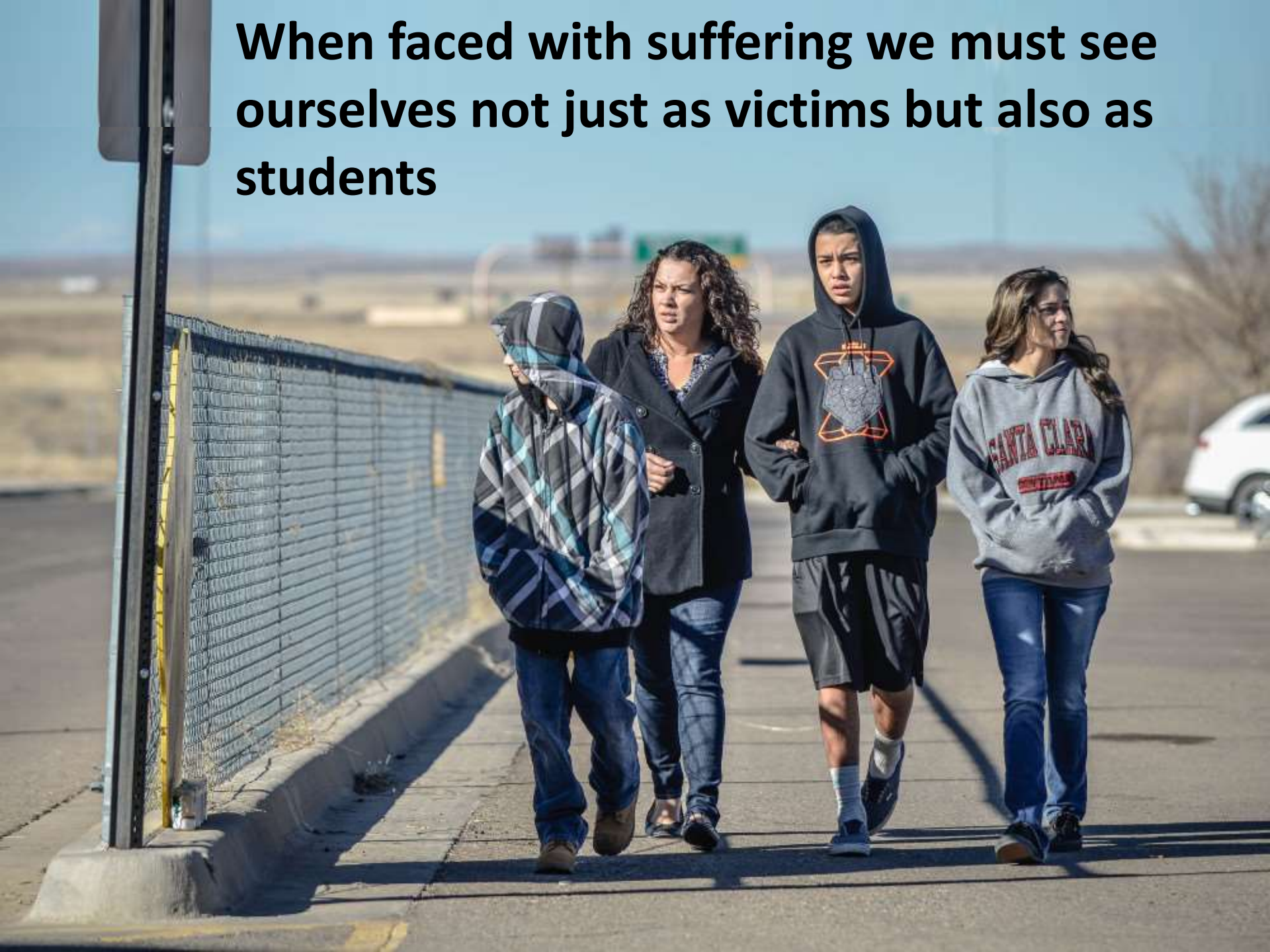
IF GOD IS GOOD

WHY IS THERE
SUFFERING?



How much suffering
is **too much** suffering?

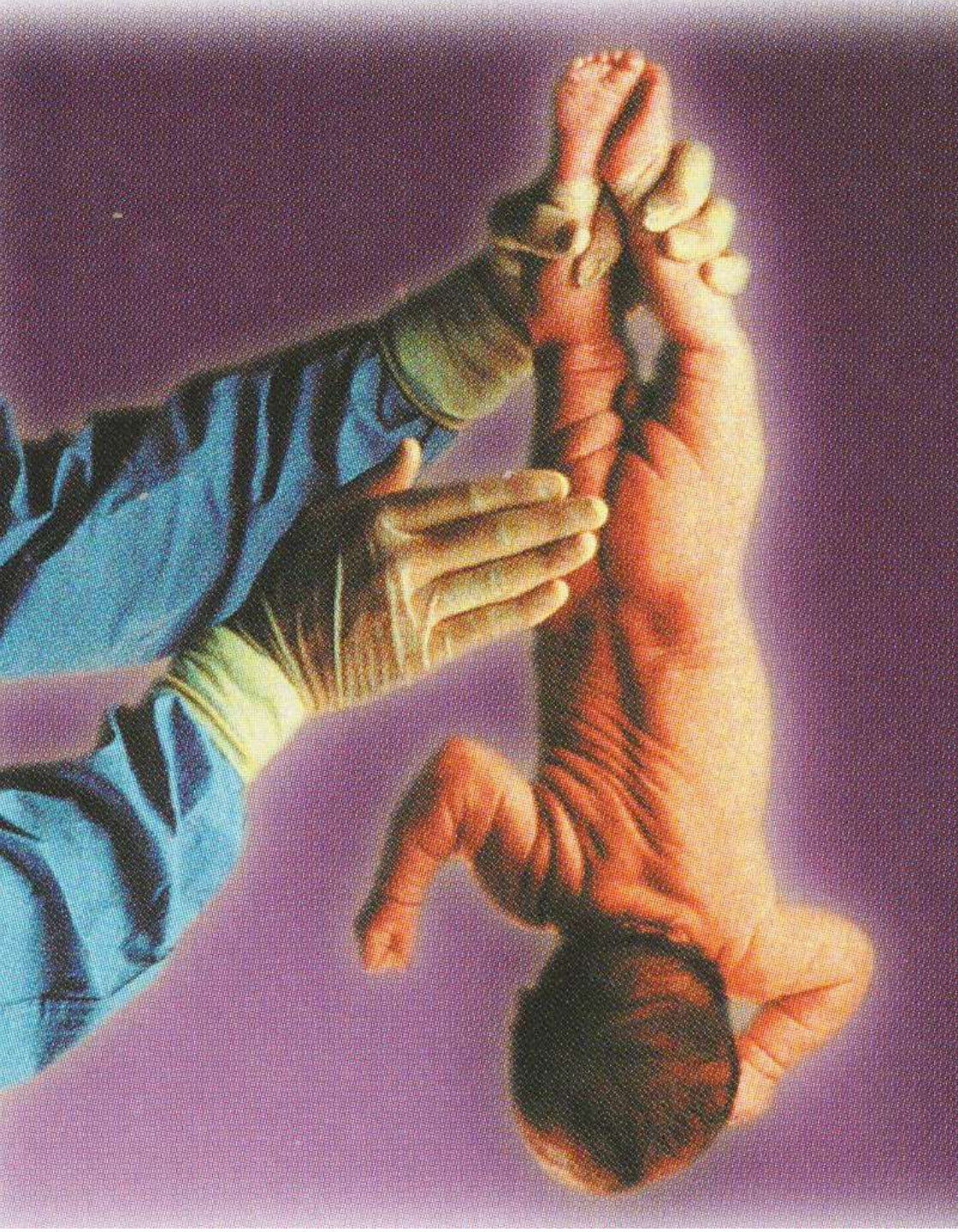
When faced with suffering we must see ourselves not just as victims but also as students





God Knows Your Pain

















GOD KNOWS
WHAT'S BEST
for you

Revelation 21:4 (NKJV)

⁴ And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more **pain**, for the former things have passed away."



Genesis 6:6 (NIV)

⁶ The LORD was **grieved** that he had made man on the earth, and his heart was filled with **pain**.





How do you react to pain?

1 Peter 4:1 (NKJV)

¹ Therefore, since Christ suffered for us in the flesh, arm yourselves also with the same mind, for he who has suffered in the flesh has ceased from sin,





The parable of two frogs...



1 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. 2 Set your mind on things above, not on things on the earth. 3 For you died, and your life is hidden with Christ in God.

Colossians 3:1-3

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

1 Corinthians 10:13







**If there is no God,
then why is there so much good?**



What is the source of such goodness?



Let's Pray!